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using

Subject: SI and H Experimentation, 21 July 1953.

On 21 July 1953, Tuesday, SI and H Experimentation and research was carried on in Room 20, Building 13, by Doctors

A/B, 3, 2/46

as subjects.

To start the evening's work, took both subjects and using fatigue of both the eyes and arms in the induction process obtained quick results. Arm levitation was tried on each subject successfully. A PH act was suggested of turning on the lights one minute after awakening. Each subject turned on the lights with a slight delay in time, although there was noticable tension about a minute after awakening.

had them open their eyes, talk and laugh in normal conversation. He then put them back to sleep and turned them over to the state of th

successfully. He then suggested a PH act of a chain variety in which the suggested a PH act of a chain variety in forward. When the two words her arms forward, the sent to sleep.

room and read from a magazine. He then regressed her to the day she entered the Agency and talked in easy conversation with her.

her and then awakened her.

A interesting note is that both and the mentioned that they have in recnet weeks talked in their sleep. Privately, also indicated on one occasion she walked in her sleep. She was somewhat concerned about this but was reassured.

Both of these subjects are progressing and now it is possible to produce a rather deep trance in a short period of time so that more and more action can be done in later sessions.